

**Sun**                      **Mon**                      **Tue**                      **Wed**                      **Thu**                      **Fri**                      **Sat**

**1**  
**9:15 Church Rides**  
 10:00 Community Worship-Zion Lutheran (3T)  
 11:00 First Pres. Church Service ch. 12  
 1:30 Bridge Club (1P)  
 3:00 Socrates Café (3T)  
 7:00 Mexican Train (1FS)

**2**  
  
 10:00 Better Brain (3T)  
**11:00-2:00 Labor Day BBQ & Music**  
 2:00 Matinee Movie (3T)  
 7:00 Reader's Theater (3T)

**3**  
 8:45 Morning Exercise (1A)  
 10:00 Bingo (1A)  
 10:30 Busy Fingers (1FS)  
**10:30 Park Walk & Picnic**  
 1:00 RummiKub (1FS)  
 2:00 Cornhole (1A)  
**3:30 Resident Birthday Party (1A)**  
 3:45 Left, Right, Center (1P)

**4**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Scrabble (1FS)  
 10:00 Craft Time w/ Deb (3AC)  
**11:00 Faith Hope & Charity Vineyard**  
 1:00 Cardio Chair Dancing (1A)  
 1:30 Gametime: 3x5 (1FS)  
 1:30 Mah Jong Game (2CR) New  
 2:00 Balance (1A)

**5**  
 8:45 Morning Exercise (FP)  
 10:00 Bingo (1P)  
**10:00 Alzheimer Presentation (3T)**  
 11:15 Sit-N-Fit (1P)  
 1:00 Mexican Train (1FS)  
 2:00 Poker (2B)  
 2:00 Lawn Games (FP)  
**3:00 The Telescope Guy (3T)**  
 6:00 Chess Club (1P)

**6**  
 8:45 Morning Exercise (FP)  
 10:00 Rosary (3C)  
 10:30 Communion (3C)  
 11:00 Functional Circuit (1G)  
 11:00 UPWORDS (1FS)  
 1:30 Mah Jong Game (2CR) New  
 2:00 Balance (1P)  
 1:30 Gametime: 3x5 (1FS)  
 1:30 The Chosen (3T)  
**3:30 First Friday Happy Hour (1FS)**

**7**  
 10:00 Safeway Shopping  
 10:45 Rides to House of Covenant  
 11:00 Garden Club (G)  
 12:45 Bingo (1A)  
 1:00 Shopping Trip  
 7:00 Saturday Night Movie (3T)

**8**  
**9:15 Church Rides**  
 10:00 Community Worship-Zion Lutheran (3T)  
 11:00 First Pres. Church Service ch. 12  
 1:30 Bridge Club (1P)  
 3:00 Socrates Café (3T)  
 7:00 Mexican Train (1FS)

**9**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Better Brain (3T)  
 11:00 Functional Circuit (1G)  
 12:00 Jo T. on the Piano (D)  
 1:30 Gametime: 3x5 (1P)  
 2:00 Matinee Movie (3T)  
 2:00 Balance (1A)  
 3:30 Games w/ Deb (1FS)  
 3:30 1-10 Game (1P)  
 7:00 Reader's Theater (3T)

**10**  
 8:45 Morning Exercise (1A)  
 10:00 Bingo (1A)  
 10:30 Busy Fingers (1FS)  
 11:15 Sit-N-Fit (1A)  
 1:00 RummiKub (1FS)  
 2:00 Chair Volleyball (1A)  
 3:45 Left, Right, Center (1P)  
 5:00 Larry Rauch on the Piano (D)

**11**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Scrabble (1FS)  
 10:00 Craft Time w/ Deb (3AC)  
 10:00 Welcome Coffee (1FS)  
**11:30 Ale Trail—Luncheon**  
 1:00 Cardio Drumming (1A)  
 1:30 Gametime: 3x5 (1FS)  
 1:30 Mah Jong Game (2CR) New  
 2:00 Balance (1A)  
 3:00 Live Music Jazz Guys (1FS)

**12**  
 8:45 Morning Exercise (1A)  
 10:00 Bingo (1A)  
 10:00 Busy Fingers (1FS)  
 11:15 Sit-N-Fit (1A)  
 1:00 Mexican Train (1FS)  
 2:00 Poker (2B)  
 2:00 Lawn Games (FP)  
 2:30 Mah Jong Game (1P) New  
 3:00 Watercolors w/ Bill Lewis (3AC)  
 6:00 Chess Club (1P)

**13**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
**10:00 Book Club (3T)**  
 10:00 Rosary (3C)  
 10:30 Communion (3C)  
 11:00 Functional Circuit (1G)  
 11:00 UPWORDS (1FS)  
 1:00 Indoor Garden Club (1P)  
 1:30 Gametime: 3x5 (1FS)  
 1:30 Mah Jong Game (2CR) New  
 2:00 Balance (1A)  
 1:30 The Chosen (3T)  
**3:30 Happy Hour 4:15 Karoke (1A)**

**14**  
 10:00 Safeway Shopping  
 10:45 Rides to House of Covenant  
 11:00 Garden Club (G)  
 12:45 Bingo (1A)  
 1:00 Shopping Trip  
 7:00 Saturday Night Movie (3T)

**15**  
**9:15 Church Rides**  
 10:00 Community Worship-Zion Lutheran (3T)  
 11:00 First Pres. Church Service ch.12  
**1:15 Cascade Theatre - Marks Play**  
 1:30 Bridge Club (1P)  
 3:00 Socrates Café (3T)  
 7:00 Mexican Train (1FS)

**16**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Better Brain (3T)  
 11:00 Functional Circuit (1G)  
 12:00 Jo T. on the Piano (D)  
 1:30 Gametime: 3x5 (1FS)  
 2:00 Matinee Movie (3T)  
 2:00 Balance (1A)  
 3:30 Games w/ Deb(1FS)  
 3:30 1-10 Game (1P)

**17**  
 8:45 Morning Exercise (1A)  
 10:00 Bingo (1A)  
 10:30 Busy Fingers (1FS)  
**10:30 Park Walk & Picnic**  
 1:00 RummiKub (1FS)  
 2:00 Cornhole (1A)  
 3:00 Resident Meeting (1A)  
 3:45 Left, Right, Center (1P)

**18**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Scrabble (1FS)  
 1:00 Chair Dancing (1A)  
 1:30 Gametime: 3x5 (1FS)  
 1:30 Mah Jong Game (2CR) New  
 2:00 Balance (1A)  
 3:00 Ice Cream Social (1A)

**19**  
 8:45 Morning Exercise (1A)  
 10:00 Bingo (2JR)  
 11:15 Sit-N-Fit (1A)  
 1:00 Mexican Train(1FS)  
 2:00 Poker (2B)  
 2:00 Lawn Games (FP)  
 2:30 Mah Jong Game (1P) New  
 3:30 Get to Know your Neighbor (3T)  
 6:00 Chess Club (1P)

**20**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Rosary (3C)  
 11:00 UPWORDS (1FS)  
 10:30 Communion (3C)  
 11:00 Functional Circuit (1G)  
 1:30 The Chosen (3T)  
 1:30 Mah Jong Game (2CR) New  
 1:30 Gametime: 3x5 (1FS)  
 2:00 Balance (1A)  
**3:30 Happy Hour (1A)**

**21**  
 10:00 Safeway Shopping  
 10:45 Rides to House of Covenant  
 11:00 Garden Club (G)  
 12:45 Bingo (1A)  
 1:00 Shopping  
 7:00 Saturday Night Movie (3T)

**22**  
**9:15 Church Rides**  
 10:00 Community Worship-Zion Lutheran (3T)  
 11:00 First Pres. Church Service ch.12  
**1:15 Cascade Theatre - Marks Play**  
 1:30 Bridge Club (1P)  
 3:00 Socrates Café (3T)  
 7:00 Mexican Train (1FS)

**23**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Better Brain (3T)  
 11:00 Functional Circuit (1G)  
 12:00 Jo T. on the Piano (D)  
 1:30 Gametime: 3x5 (1FS)  
 2:00 Matinee Movie (3T)  
 2:00 Balance (1A)  
 3:30 Games (1FS)  
 3:30 1-10 Game (1P)

**24**  
 8:45 Morning Exercise (1A)  
 10:00 Bingo (1P)  
 10:30 Busy Fingers (1FS)  
 11:15 Sit-N-Fit (1A)  
**11:30 Baseball Cards with Ron (3T)**  
 1:00 RummiKub (1FS)  
 2:00 Chair Volleyball (1A)  
 3:45 Left, Right, Center (1P)  
**6:00 Jam Session w/ The Jammers (1A)**

**25**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Scrabble (1FS)  
**11:30 American Cuisine-Bakery**  
 1:00 Cardio Drumming (1A)  
 2:00 Balance (1A)  
 1:30 Gametime: 3x5 (1FS)  
 1:30 Mah Jong Game (2CR) New  
 3:00 Live Music Paul Eddy (1A)

**26**  
 8:45 Morning Exercise (1A)  
 10:00 Bingo (1A)  
 11:15 Sit-N-Fit (1A)  
**11:15 Cooking w/ Chef (1P)**  
 1:00 Mexican Train (1FS)  
 2:00 Poker (2B)  
 2:00 Lawn Games (FP)  
 2:30 Mah Jong Game (1P) New  
 3:00 Watercolors w/ Bill Lewis (3AC)  
**4:30-6:30 OctoberFest Party**  
 6:00 Chess Club (1P)

**27**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Rosary (3C)  
 10:30 Communion (3C)  
 11:00 Functional Circuit (1G)  
 10:00 UPWORDS (1FS)  
**11:00 New Friends Game (3T)**  
 1:00 Indoor Garden Club (1P)  
 1:30 The Chosen (3T)  
 1:30 Gametime: 3x5 (1FS)  
 1:30 Mah Jong Game (2CR) New  
**2:30 Live Music—Tumble Weeds**  
**3:30 Happy Hour (1A)**

**28**  
 10:00 Safeway Shopping  
 10:45 Rides to House of Covenant  
 11:00 Garden Club (G)  
 12:45 Bingo (1A)  
 1:00 Shopping Trip  
 7:00 Saturday Night Movie (3T)

**29**  
**9:15 Church Rides**  
 10:00 Community Worship-Zion Lutheran (3T)  
 11:00 First Pres. Church Service ch.12  
 1:30 Bridge Club (1P)  
 3:00 Socrates Café (3T)  
 7:00 Mexican Train (1FS)

**30**  
 8:00 Rise and Thrive (1P)  
 8:45 Morning Exercise (1A)  
 10:00 Better Brain (3T)  
 11:00 Functional Circuit (1G)  
 12:00 Jo T. on the Piano (D)  
 1:30 Gametime: 3x5 (1FS)  
 2:00 Matinee Movie (3T)  
 2:00 Balance (1A)  
 3:30 Games (1FS)  
 3:30 1-10 Game (1P)  
**6:00 Order of Saint Luke-Bro David (1A)**  
 7:00 Reader's Theater (3T)



**RED= Sign up Required**  
**BLUE= Activity (No sign up)**  
**PURPLE= Fitness**  
**GREEN= Resident Led**  
**BLACK= Event**

