

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
10-1:00 Sunday Brunch (D)
 1:30 Bridge Club (2J)
 7:00 Mexican Train (1FS)

2 Groundhog Day
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Brains Games (3T)
 11:00 Functional Circuit (1G)
 11:30 Qwirkle Game (1FS)
 1:00 Gametime: 3x5 (1FS)
 2:00 Matinee Movie (3T)
 2:00 Balance (1P)

3
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 10:00 Busy Fingers (1FS)
 11:15 Sit-N-Fit (1P)
 1:00 Games-RummiKub (1FS)
 2:00 Cardio Chair Dancing (1P)
2:45 Senior Games Practice (1P)
3:30 Residents Birthday Party (1A)

4
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 1:00 Chair Volleyball (1P)
 2:00 Balance (1P)
 2:45 Fit-4-Life (1P)
4-8:00 Residents Appreciation Dinner (D)

5
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:15 Sit-N-Fit (1P)
 1:00 Mexican Train (1FS)
 2:00 Poker (2B)
 2:00 Cardio Drumming (1P)
3:00 Telescope Guy - Space News (1A)

6
 8:45 Morning Exercise (1A)
 10:00 Rosary (3T)
 10:30 Communion (3T)
 10:30 UPWORD (1FS)
 1:00 Northern Exposure Series (3T)
 1:00 Gametime: 3x5 (1FS)
 1:00 Bridge Club (2CR)
3:30 Happy Hour - Trivia (1A)

7
 10:00 Safeway Shopping
 12:45 Bingo (1A)
1:00 Shopping- North Stores/Costco
 1:30 Pinochle (1FS)
 3:30 Socrates Cafe (3T)
 7:00 Saturday Night Movie (3T)
My Girl- Family/Romance 1h 45

8
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
 1:30 Bridge Club (2J)
3:00 Super Bowl (1A)
 7:00 Mexican Train (1FS)

9
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Brains Games (3T)
 11:00 Functional Circuit (1G)
 11:30 Qwirkle Game (1FS)
 1:00 Gametime: 3x5 (1FS)
 1:00 Exercise Bingo (1P)
 2:00 Matinee Movie (3T)
 2:00 Balance (1P)

10
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 10:00 Busy Fingers (1FS)
 11:15 Sit-N-Fit (1P)
 1:00 Games-RummiKub (1FS)
 2:00 Cardio Chair Dancing (1P)
2:45 Senior Games Practice (1P)
 3:00 Left Right Center (1FS)

11
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
10:00 Craft Time (3CR)
 1:00 Chair Volleyball (1P)
 2:00 Balance (1P)
 2:45 Fit-4-Life (1P)
3:00 Live Music - Paul Eddie (1A)

12
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:15 Sit-N-Fit (1P)
 1:00 Mexican Train (1FS)
 2:00 Poker (2B)
 2:00 Cardio Drumming (1P)
2:00 Watercolor with Bill Lewis (3AC)

13
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Rosary (3T)
10:15 Book Club (Library)
 10:30 Communion (3T)
 10:30 UPWORD (1FS)
 11:00 Functional Circuit (1G)
12:30 Crystal Haynes - Mary Kay (J2)
 1:00 Northern Exposure Series (3T)
 1:00 Gametime: 3x5 (1FS)
 1:00 Bridge Club (2CR)
 2:00 Balance (1P)

14 Happy Valentine's Day
 10:00 Safeway Shopping
 12:45 Bingo (1A)
1:00 Shopping- South Stores
 1:30 Pinochle (1FS)
 3:30 Socrates Cafe (3T)
5:00 Piano Larry Rauch (D)
 7:00 Saturday Night Movie (3T)
The Guernsey Literary & Potato Peel Pie - Romance/War 2hs 4

15
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
 1:30 Bridge Club (2J)
2:00 Daniel Chaikin-Piano (D)
4-7:00 Dinner Buffet (D)
 7:00 Mexican Train (1FS)

16 Presidents Day
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Brains Games (3T)
 11:00 Functional Circuit (1G)
 11:30 Qwirkle Game (1FS)
 1:00 Gametime: 3x5 (1FS)
 2:00 Matinee Movie (3T)
 2:00 Balance (1P)
3:00 Cinda Johnson-Music (1A)

17
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 10:00 Busy Fingers (1FS)
 11:15 Sit-N-Fit (1P)
 1:00 Games-RummiKub (1FS)
 2:00 Cardio Chair Dancing (1P)
2:45 Senior Games Practice (1P)
 3:00 Left Right Center (1FS)
6:00 Old Time Jamming (1A)

18
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
11:30 American Cuisine - Baldys BBQ
 1:00 Chair Volleyball (1P)
 2:00 Balance (1P)
 2:45 Fit-4-Life (1P)
3:00 Get to Know Your Neighbor (3T)

19
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:15 Sit-N-Fit (1P)
 1:00 Mexican Train (1FS)
 2:00 Poker (2B)
 2:00 Cardio Drumming (1P)
4-6:00 Viva Vino (1FS)

20
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Rosary (3T)
 10:30 Communion (3T)
 10:30 UPWORD (1FS)
 11:00 Functional Circuit (1G)
 1:00 Northern Exposure Series (3T)
 1:00 Gametime: 3x5 (1FS)
 1:00 Bridge Club (2CR)
 2:00 Balance (1P)
3:30 Happy Hour (1A)

21
 10:00 Safeway Shopping
 12:45 Bingo (1A)
1:00 Shopping- North Stores/Costco
 1:30 Pinochle (1FS)
 3:30 Socrates Cafe (3T)
 7:00 Saturday Night Movie (3T)
Unlikely Pilgrimage of Harold Fry Drama 2hs 3

22
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
 1:30 Bridge Club (2J)
2-4:00 Mediation Presentation with Charlie Young (3T)
 7:00 Mexican Train (1FS)

23
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Brains Games (3T)
 11:00 Functional Circuit (1G)
 11:30 Qwirkle Game (1FS)
 1:00 Exercise Bingo (1P)
 1:00 Gametime: 3x5 (1FS)
 2:00 Matinee Movie (3T)
 2:00 Balance (1P)

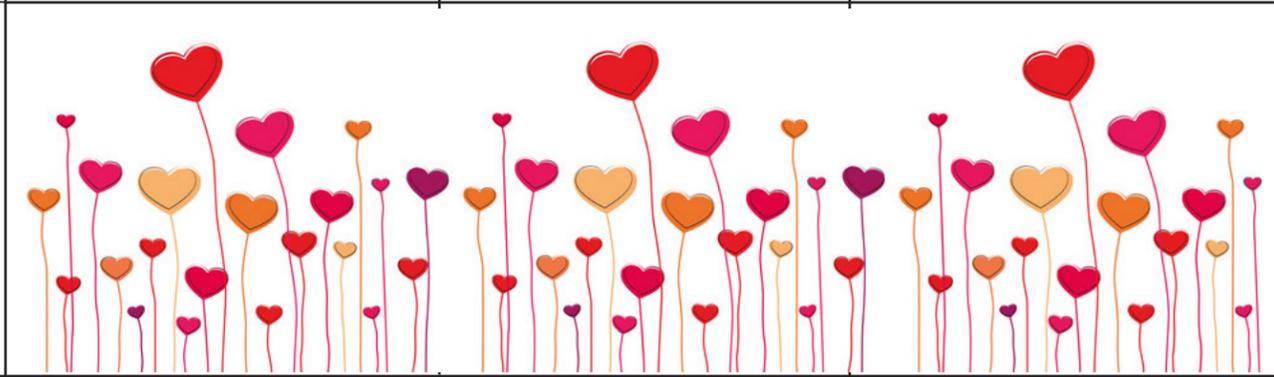
24
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 10:00 Busy Fingers (1FS)
 11:15 Sit-N-Fit (1P)
 1:00 Games-RummiKub (1FS)
 2:00 Cardio Chair Dancing (1P)
2:45 Senior Games Practice (1P)
3:00 Residents Social (1A)

25
 8:45 Morning Exercise (1A)
10:00-2:00 WW Senior Games
 3:30 Whispering Winds -Sing-A-Long (1A)

26
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 1:00 Mexican Train (1FS)
 2:00 Poker (2B)
2:00 Watercolor with Bill Lewis (3AC)
3:00 Music Duo-A Bit of Alright (1A)

27
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Rosary (3T)
 10:30 Communion (3T)
 10:30 UPWORD (1FS)
 11:00 Functional Circuit (1G)
 1:00 Northern Exposure Series (3T)
 1:00 Gametime: 3x5 (1FS)
 1:00 Bridge Club (2CR)
 2:00 Balance (1P)
2:30 MusicTumble Weeds
3:30 Happy Hour (1A)

28
 10:00 Safeway Shopping
 12:45 Bingo (1A)
1:00 Shopping- South Stores
 1:30 Pinochle (1FS)
 3:30 Socrates Cafe (3T)
 7:00 Saturday Night Movie (3T)
As Good As it Gets - Comedy/Romance 2hs 19



RED - Sign up Required
BLUE - Activity (No Sign Up)
PURPLE - Fitness
GREEN - Resident Lead
BLACK - Event

