

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

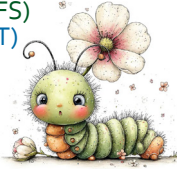
FRIDAY

SATURDAY

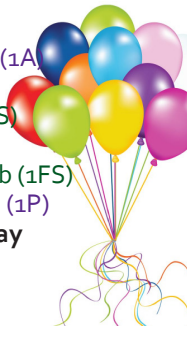


Distinctive Retirement Lifestyles

1
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Brain Games (3T)
10:30 Pinochle (1FS)
11:00 Functional Circuit (1G)
1:00 Gametime: 3x5 (1FS)
2:00 Matinee Movie (3T)
2:00 Balance (1P)



2
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
10:00 Busy Fingers (1FS)
11:15 Sit-N-Fit (1P)
1:00 Games-RummiKub (1FS)
2:00 Cardio Drumming (1P)
3:30 Residents Birthday Party (1A)



3
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
1:00 Gametime: 3x5 (1FS)
1:00 Chair Volleyball (1P)
2:00 Balance (1P)
2:45 Fit-4-Life (1P)



4
8:45 Morning Exercise (1A)
9:30 Telescope Guy SR Observatory Presentation (1A)
10:00 Bingo (1A)
11:15 Sit-N-Fit (1P)
11:00 Sunriver Observatory/Nature Center Outing
1:00 Mexican Train (1FS)
1:00 Bridge Club (2CR)
2:00 Poker (2B)
2:00 Cardio Chair Dancing (1P)
2:00 Watercolor with Bill Lewis (3AC)

5
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Rosary (3T)
10:30 Communion (3T)
11:00 Functional Circuit (1G)
1:00 Man on the Inside-Series (3T)
1:00 Gametime: 3x5 (1FS)
2:00 Balance (1P)
3:30 Happy Hour - Trivia (1A)

6
10:00 Safeway Shopping
11:30 Garden Boxes-Setup-Signup
12:30 Bingo (1A)
1:00 Shopping- South Stores
1:30 Pinochle (1FS)
3:30 Socrates Cafe (3T)
7:00 Saturday Night Movie (3T)
The Two Popes 2019 Comedy/Drama 2hrs 5 (Subtitles)



7
9:15 Church Rides
10:00 Community Worship-Zion Lutheran (3T)
1:30 Bridge Club (2J)
1:30 Pops Orchestra-Poppourri! Mountain View HS
2:00 Mexican Train (1FS)

8
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Brain Games (3T)
10:30 Pinochle (1FS)
11:00 Functional Circuit (1G)
1:00 Gametime: 3x5 (1FS)
2:00 Matinee Movie (3T)
2:00 Balance (1P)

9
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
10:00 Busy Fingers (1FS)
10:30 Casino Day Trip
11:15 Sit-N-Fit (1P)
1:00 Games-RummiKub (1FS)
2:00 Cardio Drumming (1P)
3:00 Left Right Center (1FS)
5:00 Piano - Larry Rauch (D)



10
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Craft Time (3CR)
1:00 Gametime: 3x5 (1FS)
1:00 Chair Volleyball (1P)
2:00 Balance (1P)
2:45 Fit-4-Life (1P)
3:30 Whispering Winds Sing-A-Long (1A)



11
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
11:15 Sit-N-Fit (1P)
1:00 Mexican Train (1FS)
1:00 Bridge Club (2CR)
2:00 Poker (2B)
2:00 Cardio Chair Dancing (1P)

12
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Rosary (3T)
10:15 Book Club (Library)
10:30 Communion (3T)
11:00 Functional Circuit (1G)
1:00 Man on the Inside-Series (3T)
1:00 Gametime: 3x5 (1FS)
2:00 Balance (1P)
3:30 Happy Hour (1A)

13
10:00 Safeway Shopping
11:30 Garden Boxes-Nursery Shopping
12:30 Bingo (1P)
1:00 Shopping-North Stores/Costco
1:30 Pinochle (1FS)
3:30 Socrates Cafe (3T)
7:00 Saturday Night Movie (3T)
Remarkably Bright Creatures Drama/Mystery Book Club Choice

14
9:15 Church Rides
10:00 Community Worship-Zion Lutheran (3T)
1:30 Bridge Club (2J)
2:00 Mexican Train (1FS)



15
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Brain Games (3T)
10:30 Pinochle (1FS)
11:00 Functional Circuit (1G)
1:00 Gametime: 3x5 (1FS)
2:00 Matinee Movie (3T)
2:00 Balance (1P)

16
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
10:00 Busy Fingers (1FS)
10:30 Park Walk
1:00 Games-RummiKub (1FS)
2:00 Cardio Drumming (1P)
3:00 Left Right Center (1FS)
6:00 Old Time Jamming (1A)



17
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
11:30 New Goodwill Thirft Store Outing
1:00 Gametime: 3x5 (1FS)
1:00 Chair Volleyball (1P)
2:00 Balance (1P)
2:45 Fit-4-Life (1P)
3:00 Jazz Guys (1FS)

18
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
11:15 Sit-N-Fit (1P)
1:00 Mexican Train (1FS)
1:00 Bridge Club (2CR)
2:00 Poker (2B)
2:00 Cardio Chair Dancing (1P)
2:00 Watercolor with Bill Lewis (3AC)
3:00 Father's Day Cruise -In



19
8:45 Morning Exercise (1A)
10:00 Rosary (3T)
10:30 Communion (3T)
1:00 Man on the Inside-Series (3T)
1:00 Gametime: 3x5 (1FS)
2:00 St. Charles Hospice Presentation Dual Tasking-Improving Brain Health
3:30 Happy Hour (1A)

20
10:00 Safeway Shopping
11:30 Garden Boxes
12:30 Bingo (1A)
1:00 Shopping- South Stores
1:30 Pinochle (1FS)
3:30 Socrates Cafe (3T)
7:00 Saturday Night Movie (3T)
Glass Onion: A Knives Out Mystery 2022 Mystery/Crime 2hs 21

21
9:15 Church Rides
10:00 Community Worship-Zion Lutheran (3T)
1:15 Rosie the Riveter Musical
1:30 Bridge Club (2J)
2:00 Mexican Train (1FS)
4-7:00 Father's Day Dinner (D)

22
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Brain Games (3T)
10:30 Pinochle (1FS)
11:00 Functional Circuit (1G)
1:00 Gametime: 3x5 (1FS)
2:00 Matinee Movie (3T)
2:00 Balance (1P)



23
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
10:00 Busy Fingers (1FS)
1:00 Games-RummiKub (1FS)
3:00 Left Right Center (1FS)

24
8:45 Morning Exercise (1A)
1:00 Gametime: 3x5 (1FS)
1:00 Chair Volleyball (1P)
3:00 Live Music - Paul Eddie (1A)

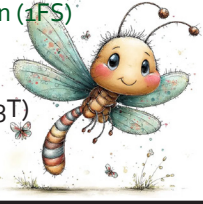


25
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
1:00 Mexican Train (1FS)
1:00 Bridge Club (2CR)
2:00 Poker (2B)

26
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Rosary (3T)
10:30 Communion (3T)
11:00 Functional Circuit (1G)
1:00 Man on the Inside-Series (3T)
1:00 Gametime: 3x5 (1FS)
2:00 Balance (1P)
2:30 Live Music-Tumble Weeds
3:30 Happy Hour (1A)

27
10:00 Safeway Shopping
12:30 Bingo (1A)
11:30 Garden Boxes
1:00 Shopping-North Stores/Costco
1:30 Pinochle (1FS)
3:30 Socrates Cafe (3T)
7:00 Saturday Night Movie (3T)
Green Book Comedy/Adventure 2hrs 10

28
9:15 Church Rides
10:00 Community Worship-Zion Lutheran (3T)
1:30 Bridge Club (2J)
2:00 Mexican Train (1FS)
2:00 Meditation Presentation 4 Charlie Young (3T)



29
8:00 Rise and Thrive (1P)
8:45 Morning Exercise (1A)
10:00 Brain Games (3T)
10:30 Pinochle (1FS)
11:00 Functional Circuit (1G)
1:00 Gametime: 3x5 (1FS)
1:00 Ageless Grace Brain Fitness Presentation (1A)
2:00 Balance (1P)
2:00 Matinee Movie (3T)

30
8:45 Morning Exercise (1A)
10:00 Bingo (1A)
10:00 Busy Fingers (1FS)
10:30 Park Walk
1:00 Games-RummiKub (1FS)
2:00 Cardio Drumming (1P)
3:00 Residents Social (1A) Banana Splits



RED - Sign up Required
BLUE - Activity (No Sign Up)
PURPLE - Fitness
GREEN - Resident Lead
BLACK - Event



(1A) 1st Floor Breezeway-Activities
(1G) 1st Floor Gym
(1P) 1st Ponderosa Room
(1FS) 1st Floor Fireside Room
(2JR) 2nd Floor Juniper Room
(2B) 2nd Floor Billiard Room
(2CR) 2nd Floor Card Room
(3AC) 3rd Floor Art/Craft Room
(3T) 3rd Floor Theater
(CY) Courtyard
(WR) Wicker Room