

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <i>Whispering Winds</i> Distinctive Retirement Lifestyles			1 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 1:00 Gametime: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 Balance (1P) 2:45 Fit-4-Life (1P) 3:30 Whispering Winds Sing-A-Long (1A)	2 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1P) 1:00 Craft Time with Jackie <i>Bottle Painting (CR)</i> 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker (2B) 2:00 Cardio Chair Dancing (1P) 3:00 Telescope Guy <i>Beautiful Universe 2 (1A)</i>	3 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:30 Communion (3T) 1:00 Man on the Inside-Series (3T) 1:00 Gametime: 3x5 (1FS) 3:30 Happy Hour - Trivia (1A)	4 No Shopping 11-2:00 4th of July BBQ & Music 2:00 Cascade Horizon Band & Festival Choir-Caldera 7:00 Saturday Night Movie (3T) <i>Song Sung Blue</i> Musical-Romance 2hrs 13 
5 9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:30 Bridge Club (2J) 2:00 Mexican Train (1FS) 3:00 Radio Script Rehearsal (A1) 	6 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:00 Brain Games (3T) 10:30 Pinochle (1FS) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 1:00 Ageless Grace (1A) 2:00 Matinee Movie (3T) 2:00 Balance (1P)	7 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 10:00 Casino Day Trip 11:15 Sit-N-Fit (1P) 1:00 Games-RummiKub (1FS) 2:00 Cardio Drumming (1P) 3:00 Residents Birthday Party (1A) 	8 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:15 New Residents Welcome Coffee (1FS) 11:15 Mgmt Presentation <i>Unforgettable Moments</i> <i>Magic, Memories & Music (1A)</i> 1:00 Gametime: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 Balance (1P)	9 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1P) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker (2B) 2:00 Cardio Chair Dancing (1P) 2:00 Mimosas & Watercolor with Bill Lewis (3AC)	10 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:15 Book Club (Library) 10:30 Communion (3T) 11:00 Functional Circuit (1G) 1:00 Man on the Inside-Series (3T) 1:00 Ageless Grace (1A) 1:00 Gametime: 3x5 (1FS) 2:00 Balance (1P) 3:30 Happy Hour (1A)	11 ★ HAPPY 4th OF JULY ★ 10:00 Safeway Shopping 11:30 Garden Thyme 12:30 Bingo (1P) 1:00 Shopping-South Stores 1:30 Pinochle (1FS) 3:30 Socrates Cafe (3T) 7:00 Saturday Night Movie (3T) <i>Fried Green Tomatoes</i> Comedy/Drama 2hs 10 
12 9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:30 Bridge Club (2J) 2:00 Mexican Train (1FS) 3:00 Radio Script Rehearsal (A1)	13 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:00 Brain Games (3T) 10:30 Pinochle (1FS) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 1:00 Ageless Grace (1A) 2:00 Matinee Movie (3T) 2:00 Balance (1P)	14 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 10:30 Park Walk 1:00 Games-RummiKub (1FS) 2:00 Cardio Drumming (1P) 2:30 Residents Meeting (1A) 3:00 Left Right Center (1FS) 5:00 Piano - Larry Rauch (D) 	15 8:45 Morning Exercise (1A) 1:00 Gametime: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 Balance (1P) 2:00 Wine Tasting-Va Piano 2:45 Fit-4-Life (1P) 7:00 Whispering Winds Sing-A-Long (1FS) 	16 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1P) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker (2B) 2:00 Cardio Chair Dancing (1P) 3:00 Music Duo-A bit of Alright (1A) 5:45 Crooked River Horse Races 	17 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:30 Communion (3T) 11:00 Functional Circuit (1G) 1:00 Man on the Inside-Series (3T) 1:00 Ageless Grace (1A) 1:00 Gametime: 3x5 (1FS) 2:00 Balance (1P) 3:30 Happy Hour (1A)	18 10:00 Safeway Shopping 11:30 Garden Thyme 12:30 Bingo (1A) 1:00 Shopping- North Stores/Costco 1:30 Pinochle (1FS) 3:30 Socrates Cafe (3T) 7:00 Saturday Night Movie (3T) <i>The Age of Adaline</i> Romance/Fantasy 1h 52 
19 9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:00 Country Drive <i>Ice Cream</i> 1:30 Bridge Club (2J) 2:00 Mexican Train (1FS) 3:00 Radio Script Rehearsal (A1) 	20 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:00 Brain Games (3T) 10:30 Pinochle (1FS) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 1:00 Ageless Grace (1A) 2:00 Matinee Movie (3T)	21 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 11:15 Sit-N-Fit (1P) 1:00 Games-RummiKub (1FS) 2:00 Cardio Drumming (1P) 3:00 Left Right Center (1FS) 6:00 Old Time Jamming (1A) 	22 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 11:30 American Cuisine-Elmer's 1:00 Gametime: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 Balance (1P) 2:45 Fit-4-Life (1P) 	23 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1P) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker (2B) 2:00 Cardio Chair Dancing (1P) 2:00 Mimosas & Watercolor with Bill Lewis (3AC)	24 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:30 Communion (3T) 1:00 Man on the Inside-Series (3T) 1:00 Gametime: 3x5 (1FS) 3:30 Happy Hour (1A)	25 10:00 Safeway Shopping 11:30 Garden Thyme 12:30 Bingo (1A) 1:00 Shopping-South Stores 1:30 Pinochle (1FS) 3:30 Socrates Cafe (3T) 7:00 Saturday Night Movie (3T) <i>Miss Harris Goes to Paris</i> Drama/Comedy 1h 56
26 9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:30 Bridge Club (2J) 2:00 Mexican Train (1FS) 2:00 Meditation Presentation 5 <i>with Charlie Young (3T)</i> 3:00 Radio Script Rehearsal (A1)	27 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:00 Brain Games (3T) 10:30 Pinochle (1FS) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 1:00 Ageless Grace (1A) 2:00 Balance (1P) 2:00 Matinee Movie (3T)	28 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 10:30 Park Walk 1:00 Games-Rummie Kub (1FS) 2:00 Cardio Drumming (1P) 3:00 Residents Social (1A) <i>Short Bread & Fresh Berries</i> 	29 8:45 Morning Exercise (1A) 1:00 Gametime: 3x5 (1FS) 1:00 Chair Volleyball (1P) 3:00 Live Music - Paul Eddie (1A)	30 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:00 Men's Group-Black Strap <i>(New Location)</i> 11:15 Sit-N-Fit (1P) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker (2B) 2:00 Cardio Chair Dancing (1P)	31 8:00 Rise and Thrive (1P) 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:30 Communion (3T) 11:00 Functional Circuit (1G) 1:00 Man on the Inside-Series (3T) 1:00 Ageless Grace (1A) 1:00 Gametime: 3x5 (1FS) 2:00 Balance (1P) 2:30 Live Music-Tumble Weeds 3:30 Happy Hour (1A)	RED - Sign up Required BLUE - Activity (No Sign Up) PURPLE - Fitness GREEN - Resident Lead BLACK - Event

What's New

This Month

Ageless Grace with Lisa

Pop-Up (Surprise) Social with Pebbles

Wine Tasting

Crooked River Horse Races

Men's Group Outing

Mimosas & Watercolor with Bill Lewis

Sunday Country Drives



What's New
Welcome

Hugh Smith 7/16

Apt. 119

Jack & Sharlene Wanachek 7/18

Apt. 207

Marilyn Ribb 7/21

Apt. 134



Ken Walters 7/2

Bonnie Weston 7/4

Bob Pohly 7/4

Judie Lucus 7/4

Joan Moore 7/9

Irving Anders 7/12

Alex Shane 7/16

Tony Seidel 7/17

Marge Weddel 7/17

Myrna Puffnburger 7/22

Bill VanTil 7/22

Hazel Schieferstein 7/31

Sue Walker 7/31



Whispering Winds

Whispering Winds Team

Carrie Kasch-General Manager

Shannon Brown-Assistant Manager

Marketing Director

Judy Dugan-Community Relations Director

Lisa Gentz-Fitness Director

Erin Oliveira-Dining Room Manager

Ron Hillard-Hospitality Director

Amber McGlynn-Executive Chef

Dave Colwell-Maintenance Director

Pebbles Frink-Activities Director

541-312-9690



Whispering Winds

Distinctive Retirement Lifestyles



2026