

WHAT'S NEW THIS MONTH

- HIGH DESERT MUSEUM
- HOLLINSHEAD-MATSON TOUR
- MEET & GREET W/JULIE
- FALL GARDEN WALK & TALK
- GET TO KNOW YOUR BUILDING
- RADIO SCRIPT/ FLASH GORDON PLAY
- RESIDENT CLOTHING SWAP
- SHOWDOWN BINGO
- SENIORS AT HOME PRESENTATION
- WOULD YOU RATHER...?



SEPTEMBER 2026



WHISPERING WINDS MANAGEMENT TEAM

CARRIE KASCH - GENERAL MANAGER

SHANNON BROWN - ASSISTANT MANAGER & MARKETING DIRECTOR

JUDY DUGGAN - BUSINESS OFFICE MANAGER

JULIE PESTENA - ACTIVITIES DIRECTOR - MAINTENANCE DIRECTOR

RON HILLARD - HOSPITALITY DIRECTOR

AMBER MCGLYNN - EXECUTIVE CHEF

ERIN OLIVEIRA - DINING ROOM SUPERVISOR

LISA GENTZ - FITNESS DIRECTOR



Welcome OUR NEW RESIDENTS

- STEFANI HORTON 119
- JOHNATHON GRUVER 105



SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LEGEND: RED- SIGN UP BY MAILBOXES VIOLET- EXERCISE CLASS GREEN - RESIDENT LEAD BLUE- STAFF LEAD BLACK- SOCIAL HOUR/MUSIC/ PRESENTATION		8:45 Morning exercise (1A) 1 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 1:00 RummiKub (1FS) 2:00 Residents Birthday party (1A) 3:00 Meet & Greet Julie (1A)	8:45 Morning Exercise (1A) 2 1:00 Game: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 High Desert Museum 3:00 Bible Study (3T) 3:30 WW Sing-A-Long (1A)	8:45 Morning Exercise (1A) 3 10:00 Bingo (1A) 11:15 Sit-n-Fit (1P) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker Club (2B) 2:00 Mimosas & Watercolor with Bill Lewis (3AC) 2:00 Cardio Chair Dancing (1P) 3:00 Telescope Guy (1A)	8:00 Rise & Thrive (1P) 4 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:30 Communion (3T) 11:00 Functional Circut (1G) 1:00 Ageless Grace (1A) 1:00 Game: 3x5 (1FS) 2:00 Balance (1P) 3:30 Happy Hour (1A)	10:00 Safeway shopping 5 11:30 Fall Garden Walk & Talk 12:30 Bingo (1P) 1:00 Shopping- South Stores 1:30 Pincohle (1FS) 3:30 Socrates Cafe (3T) 7:00 Saturday Night Movie (3T)
9:15 Church Rides 6 10:00 Community Worship- Zion Lutheran (3T) 1:30 Bridge Club (2J) 2:00 Mexican Train 2:00 Crafts w/Cheyenne 3:00 Radio Script Rehersal	Happy Labor Day! (Bank closed) 7 10:00 Pinocle (1FS) 10:15 Better Brains (3T) 1:00 Gametime: 3x5 (1FS) 2:00 Matinee Movie (3T)	8:45 Morning exercise (1A) 8 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 10:30 Park Walk & Lunch 1:00 RummiKub (1FS) 2:00 Cardio Drumming (1P) 3:00 Roundabout book store w/ Shannon 5:00 Piano-Larry Rouch (D)	8:00 Rise & Thrive (1P) 9 8:45 Morning Exercise (1A) 10:15 New Resident Welcome Coffee (1FS) 11:30 Cuban Kitchen 1:00 Game: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 Balance (1P) 3:00 Bible study (3T) 3:00 Jazz Guys (1FS)	8:45 Morning Exercise (1A) 10 10:00 Bingo (1A) 11:15 Sit-n-Fit (1P) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker (2B) 2:00 Cardio Chair Dancing (1P) 3:00 Get to know your building	8:00 Rise & Thrive (1P) 11 8:45 Morning Exercise 10:00 Rosary (3T) 10:30 Communion (3T) 11:00 Functional Circut (1G) 11:15 Bookclub (3T) 1:00 Ageless Grace (1A) 1:00 Game: 3x5 (1FS) 2:00 Balance (1P) 3:30 Happy Hour (1A)	10:00 Safeway shopping 12 11:30 Hollinshead-Matson Homestead Museum tour 12:30 Bingo (1A) 1:00 Shopping- North Stores 1:30 Pincohle (1FS) 2:00 Bowling and Bites (1A) 3:30 Socrates Cafe (3T) 7:00 Saturday Night Movie (3T)
9:15 Church Rides 13 10:00 Community Worship- Zion Lutheran (3T) 1:00 Roamin Central Oregon Crescent Moon Alpaca Farm 1:30 Bridge Club (2J) 2:00 Mexican Train 3:00 Radio Script Rehersal	8:00 Rise & Thrive (1P) 14 8:45 Morning Exercise (1A) 10:00 Pinocle (1FS) 10:15 Better Brains (3T) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 1:00 Ageless Grace (1A) 2:00 Matinee Movie (3T) 2:00 Balance (1P)	8:45 Morning exercise (1A) 15 10:00 Bingo (1A) 10:00 Casino 10:00 Busy Fingers (1FS) 11:15 Sit-N-Fit (1P) 1:00 RummiKub (1FS) 2:00 Radio-script/ Flash Gordon Play 6:00 Old Time Jammin (1A)	8:45 Morning Exercise (1A) 16 10:00 Residents's clothing swap(1A) 1:00 Game: 3x5 (1FS) 1:00 Chair Volleyball (1P) 3:00 New Showdown Bingo (1A) 3:00 Bible study (3T) 7:00 WW Sing-a-long (1A)	8:45 Morning Exercise (1A) 17 10:00 Bingo (1A) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 2:00 Poker Club (2B) 2:00 Mimosas & Watercolor with Bill Lewis (3AC) 3:00 Scoop, sip, and smile (Rootbeer Floats) (1A)	8:45 Morning Exercise (1A) 18 10:00 Rosary (3T) 10:30 Communion (3T) 10:30 Coffee and conversation (1FS) 11:15 Bookclub (3T) 1:00 Game: 3x5 (1FS) 3:30 Happy Hour (1A)	10:00 Safeway shopping 19 11:30 Fall Garden Walk and Talk 12:30 Bingo (1P) 1:00 Shopping- South Stores 1:30 Pincohle (1FS) 2:00 Bowling and Bites (1A) 3:30 Socrates Cafe (3T) 7:00 Saturday Night Movie (3T)
9:15 Church Rides 20 10:00 Community Worship- Zion Lutheran (3T) 1:30 Bridge Club (2J) 2:00 Mexican Train 2:00 Crafts w/Cheyenne 2:00 Meditation w/ Charlie (3T)	8:00 Rise & Thrive (1P) 21 8:45 Morning Exercise (1A) 10:00 Pinocle (1FS) 10:15 Better Brains (3T) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 1:00 Ageless Grace (1A) 2:00 Matinee Movie (3T) 2:00 Balance (1P)	8:45 Morning exercise (1A) 22 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 11:15 Sit-N-Fit (1P) 1:00 RummiKub (1FS) 2:00 Cardio Drumming (1P) 3:00 WW Horse Racing (1A)	8:00 Rise & Thrive (1P) 23 8:45 Morning Exercise (1A) 1:00 Game: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 Balance (1P) 3:00 Bible Study (3T) 5:30 KFC Chicken Dinner	8:45 Morning Exercise (1A) 24 10:00 Bingo (1A) 11:15 Sit-n-Fit (1P) 1:00 Mexican Train (1FS) 1:00 Bridge Club (2CR) 1:30 Seniors at Home (3T) 2:00 Poker Club (2B) 2:00 Cardio Chair Dancing (1P) 3:00 Would you rather? Now and then (1A)	8:00 Rise & Thrive (1P) 25 8:45 Morning Exercise 10:00 Rosary (3T) 10:30 Communion (3T) 11:00 Functional Circut (1G) 1:00 Ageless Grace (1A) 1:00 Game: 3x5 (1FS) 2:00 Balance (1P) 3:30 Happy Hour (1A)	10:00 Safeway shopping 26 11:30 Fall Garden Walk and Talk 12:30 Bingo (1P) 1:00 Shopping- North Stores 1:30 Pincohle (1FS) 3:30 Socrates Cafe (3T) 7:00 Saturday Night Movie (3T)
9:15 Church Rides 27 10:00 Community Worship- Zion Lutheran (3T) 1:00 Roamin Central Oregon: Brasada Ranch 1:30 Bridge Club (2J) 2:00 Mexican Train	8:00 Rise & Thrive (1P) 28 8:45 Morning Exercise (1A) 10:00 Pinocle (1FS) 10:15 Better Brains (3T) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 1:00 Ageless Grace (1A) 2:00 Matinee Movie (3T) 2:00 Balance (1P)	8:45 Morning exercise (1A) 29 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 10:30 Park Walk & Lunch 1:00 RummiKub (1FS) 3:00 Resident Social Hour (1A) 2:00 Cardio Drumming (1P)	8:00 Rise & Thrive (1P) 30 8:45 Morning Exercise (1A) 1:00 Game: 3x5 (1FS) 1:00 Chair Volleyball (1P) 2:00 Balance (1P) 3:00 Bible Study (3T) 3:00 Live Music- Paul Eddy (1A)			