

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>RED= Sign up Required</p> <p>BLUE= Activity (No sign up)</p> <p>PURPLE= Fitness</p> <p>GREEN= Resident Led</p> <p>BLACK= Event</p>	<p>1</p>  <p>10:00 Better Brains Games (3T) 11:00-2:00 Labor Day BBQ & Music 2:00 Matinee Movie (3T)</p>	<p>2</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 11:15 Sit-N-Fit (1A) 1:00 Games-RummiKub (1FS) 2:00 Cardio Chair Dancing (1A) 3:30 Resident Birthday Party (1A)</p> 	<p>3</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Craft Time (3AC) 1:00 Gametime: 3x5 (1FS) 1:00 Chair Volleyball (1A) 2:00 Balance (1A) 3:00 Live Music with Paul Eddy (1A)</p>	<p>4</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1A) 1:00 Mexican Train (1FS) 2:00 Poker (2B) 2:00 Cardio Drumming (1A) 2:00 Watercolors with Bill Lewis (3AC) 3:00 Telescope Guy (3T) <i>Black Holes</i></p> 	<p>5</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:30 Communion (3T) 10:30 UPWORD (1FS) 11:00 Functional Circuit (1G) 1:00 Northern Exposure Series (3T) 1:00 Gametime: 3x5 (1FS) 1:00 Bridge Club (2CR) 2:00 Balance (1A) 3:30 Happy Hour—Trivia (1A)</p>	<p>6</p> <p>10:00 Safeway Shopping 11:00 Garden Club 12:45 Bingo (1A) 1:00 Shopping- North Stores- Costco 1:30 Pinochle (1FS) 3:30 Socrates Café (3T) 7:00 Saturday Night Movie (3T) <i>The Starling —Drama 1hr 44</i></p>
<p>7</p> <p>9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)</p> 	<p>8</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Better Brains Games (3T) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 2:00 Matinee Movie (3T) 2:00 Balance (1A)</p>	<p>9</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 1:00 Games-RummiKub (1FS) 5:00 Piano Music with Larry Rauch (D)</p> 	<p>10</p> <p>8:45 Morning Exercise (1A) 1:00 Gametime: 3x5 (1FS) 1:00 Chair Volleyball (1A) 3:00 Live Music Jazz Guys (1FS)</p> 	<p>11</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 1:00 Mexican Train (1FS) 2:00 Poker (2B)</p> 	<p>12</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:30 Book Club (Library) 10:00 Rosary (3T) 10:30 Communion (3T) 10:30 UPWORD (1FS) 11:00 Functional Circuit (1G) 1:00 Northern Exposure Series (3T) 1:00 Gametime: 3x5 (1FS) 1:00 Bridge Club (2CR) 2:00 Balance (1A) 3:30 Happy Hour (1A)</p> 	<p>13</p> <p>10:00 Safeway Shopping 11:00 Garden Club 12:45 Bingo (1A) 1:00 Shopping Trip- South Stores 1:30 Pinochle (1FS) 3:30 Socrates Café (3T) 7:00 Saturday Night Movie (3T) <i>Untold Caitlyn Jenner—Documentary 1hr 10</i></p>
<p>14</p> <p>9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:00 Country Drive—<i>Crescent Moon— Alpaca Ranch-Gift Shop</i> 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)</p> 	<p>15</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Better Brains Games (3T) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 2:00 Matinee Movie (3T) 2:00 Balance (1A)</p>	<p>16</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 11:15 Sit-N-Fit (1A) 1:00 Games-RummiKub (1FS) 2:00 Cardio Chair Dancing (1A) 6:00 Jam Session with The Jammers (1A)</p>	<p>17</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 11:30 American Cuisine—<i>Abbys Pizza</i> 1:00 Chair Volleyball (1A) 1:00 Gametime: 3x5 (1FS) 2:00 Balance (1A) 3:00 Whispering Winds Sing-A-Long (1A) 4:00-6:00 Dinner Service — Dining Room Closing at 6:00</p> 	<p>18</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:30 Park Walk—Sign Up 11:15 Cooking with Chef (1A) Sign Up 1:00 Mexican Train (1FS) 2:00 Cardio Drumming (1A) 2:00 Watercolors with Bill Lewis (3AC) 2:00 Poker (2B)</p>	<p>19</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Rosary (3T) 10:30 Communion (3T) 10:30 UPWORD (1FS) 11:00 Functional Circuit (1G) 1:00 Northern Exposure Series (3T) 1:00 Gametime: 3x5 (1FS) 1:00 Bridge Club (2CR) 2:00 Balance (1A) 3:30 Happy Hour (1A)</p>	<p>20</p> <p>10:00 Safeway Shopping 11:00 Garden Club 12:45 Bingo (1A) 1:00 Shopping Trip North Stores- Costco 1:30 Pinochle (1FS) 3:30 Socrates Café (3T) 7:00 Saturday Night Movie (3T) <i>Annie —Musical 2hrs 2</i></p>
<p>21</p> <p>9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:30 Bridge Club (1P) 7:00 Mexican Train</p>	<p>22</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Better Brains Games (3T) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 2:00 Matinee Movie (3T) 2:00 Balance (1A)</p>	<p>23</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 10:30 Casino —Day Trip 11:15 Sit-N-Fit (1A) 1:00 Games-RummiKub (1FS) 2:00 Cardio Chair Dancing (1A)</p> 	<p>24</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Games-RummiKub (1FS) 1:00 Chair Volleyball (1A) 1:00 Gametime: 3x5 (1FS) 2:00 Balance (1A) 3:00 Get to Know Your Neighbor-Topic—What is one of your most embarrassing moments? (3T)</p>	<p>25</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1A) 1:00 Mexican Train (1FS) 2:00 Cardio Drumming (1A) 2:00 Poker (2B) 4:00-7:00 Oktoberfest (D)</p> 	<p>26</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Activities Committee Meeting (1FS) 10:00 Rosary (3T) 10:30 Communion (3T) 10:30 UPWORD (1FS) 11:00 Functional Circuit (1G) 1:00 Northern Exposure Series (3T) 1:00 Gametime: 3x5 (1FS) 1:00 Bridge Club (2CR) 2:30 Live Music-Tumble Weeds 3:30 Happy Hour (1A)</p>	<p>27</p> <p>10:00 Safeway Shopping 11:00 Garden Club 12:45 Bingo (1A) 1:00 Shopping Trip-South Stores 1:30 Pinochle (1FS) 3:30 Socrates Café (3T) 7:00 Saturday Night Movie (3T) <i>The Penguin Lessons— Comedy 1hr 51</i></p>
<p>28</p> <p>9:15 Church Rides 10:00 Community Worship-Zion Lutheran (3T) 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)</p> 	<p>29</p> <p>8:00 Rise and Thrive (2J) 8:45 Morning Exercise (1A) 10:00 Better Brains Games (3T) 11:00 Functional Circuit (1G) 1:00 Gametime: 3x5 (1FS) 2:00 Matinee Movie (3T) 2:00 Balance (1A)</p>	<p>30</p> <p>8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Busy Fingers (1FS) 11:15 Sit-N-Fit (1A) 1:00 Games-RummiKub (1FS) 2:00 Cardio Chair Dancing (1A) 3:00 Residents Social (1A) <i>Ice Cream Cones</i></p> 				