

# This Week's Daily Specials Soup of the week: Navy Bean and Ham

## Sunday, November 30th

**Breakfast:** Corned beef hash w/poached egg and hollandaise

**Lunch:** Turkey club w/side of chips

Dinner: Grilled Mahi Mahi, Mango Salsa, Beurre Blanc, Purple Sweet Potato Puree w/ Side

of Bok Choy

**SOD:** Mixed Greens, Roasted Beets, Orange Selections, Goat Cheese, Candied Walnuts and

Sherry Vinaigrette

Monday, December 1st

Breakfast: Very Berry French Toast

Lunch: Sweet and Sour Pork, Lo Mein Noodle and Vegetable Fried Rice

Dinner: Chicken Cordon Bleu with light cheese sauce, wild rice and vegetable medley

**SOD:** County Salad

Tuesday, December 2nd

**Breakfast:** Obrien Potatoes (diced potatoes, peppers, onions and sausage) w/scrambled eggs & side of country gravy

**Lunch:** Mixed green salad w/poached shrimp, crab salad, edamame, green onions, cilantro, cucumber salad, ponzu sauce, fried onions, mango and sticky rice

**Dinner:** Cornish Game Hen a L'Orange (orange glaze), traditional stuffing and buttered carrots

**SOD:** Tomato, chic pea, red onion, feta cheese, mint and Italian dressing

## Wednesday, December 3rd

**Breakfast:** Breakfast enchiladas (corn stuffed w/scrambled eggs, chorizo, potatoes, cheese) topped w/enchilada sauce, cheese and sour cream

Lunch: Philly Cheesesteak w/onion rings

**Dinner:** Brie and cranberry stuffed pork loin, natural pork jus, roasted butternut squash

and spinach

SOD: Classic Macaroni Salad

## Thursday, December 4th

**Breakfast:** Apple cinnamon waffle, caramel sauce & whipped cream w/ham steak on side **Lunch:** Chili cheese fries (French fries topped w/chili, cheese, black olives, sour cream and green onions)

**Dinner:** Chicken Cacciatore, parmesan risotto and roasted squash

**SOD:** Superfruit salad w/kale, blueberries, orange sections, pomegranate seeds, toasted pumpkin seeds and creamy poppyseed dressing

## Friday, December 5th

**Breakfast:** Mediterranean vegetable omelet (roasted peppers, caramelized onions, artichoke hearts, spinach and feta cheese topped w/pesto)

**Lunch:** Grilled Chicken wet burrito w/rice, beans and cheese

Dinner: Turkey Pot Pie, simple mixed greens w/cucumber, tomato and Italian dressing

SOD: Pear and cranberry Jello salad topped w/whipped cream and a cherry

## Saturday, December 6th

**Breakfast:** 2 dollar size chocolate chip pancakes, 1 slice bacon and cheese scrambled eggs **Lunch:** Breaded cod sandwich on a brioche bun w/tartar sauce, lettuce, tomato and onion **Dinner:** Smoked salmon, blackberry & cranberry relish, parsnip puree and green beans

SOD: Ambrosia Salad